

# Treatment aftercare

OR

THE OCEAN ROOMS

beauty

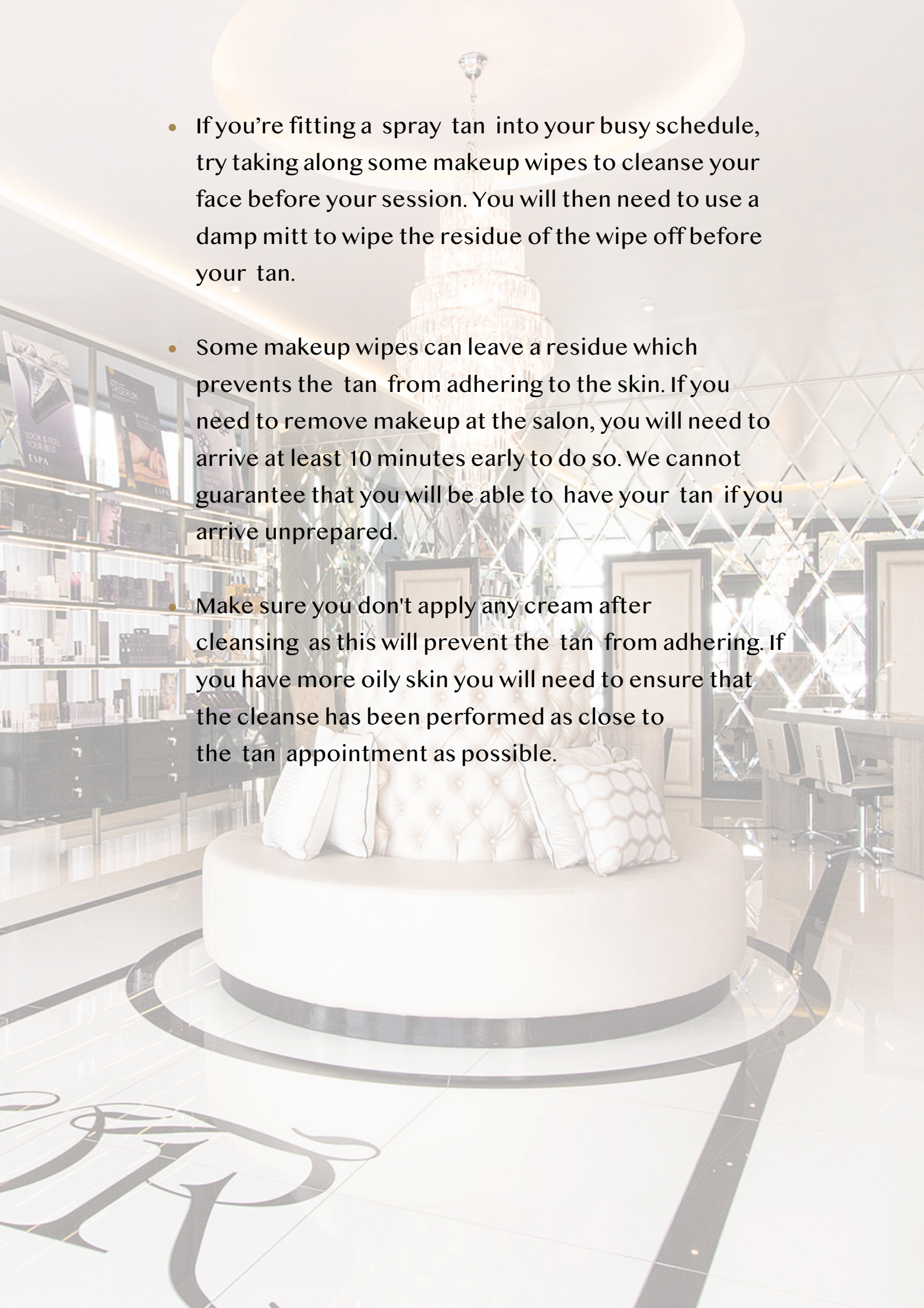
## Spray tan

### Before: How to prepare for a spray tan

*The look and staying power of your spray tan is all in the preparation.*

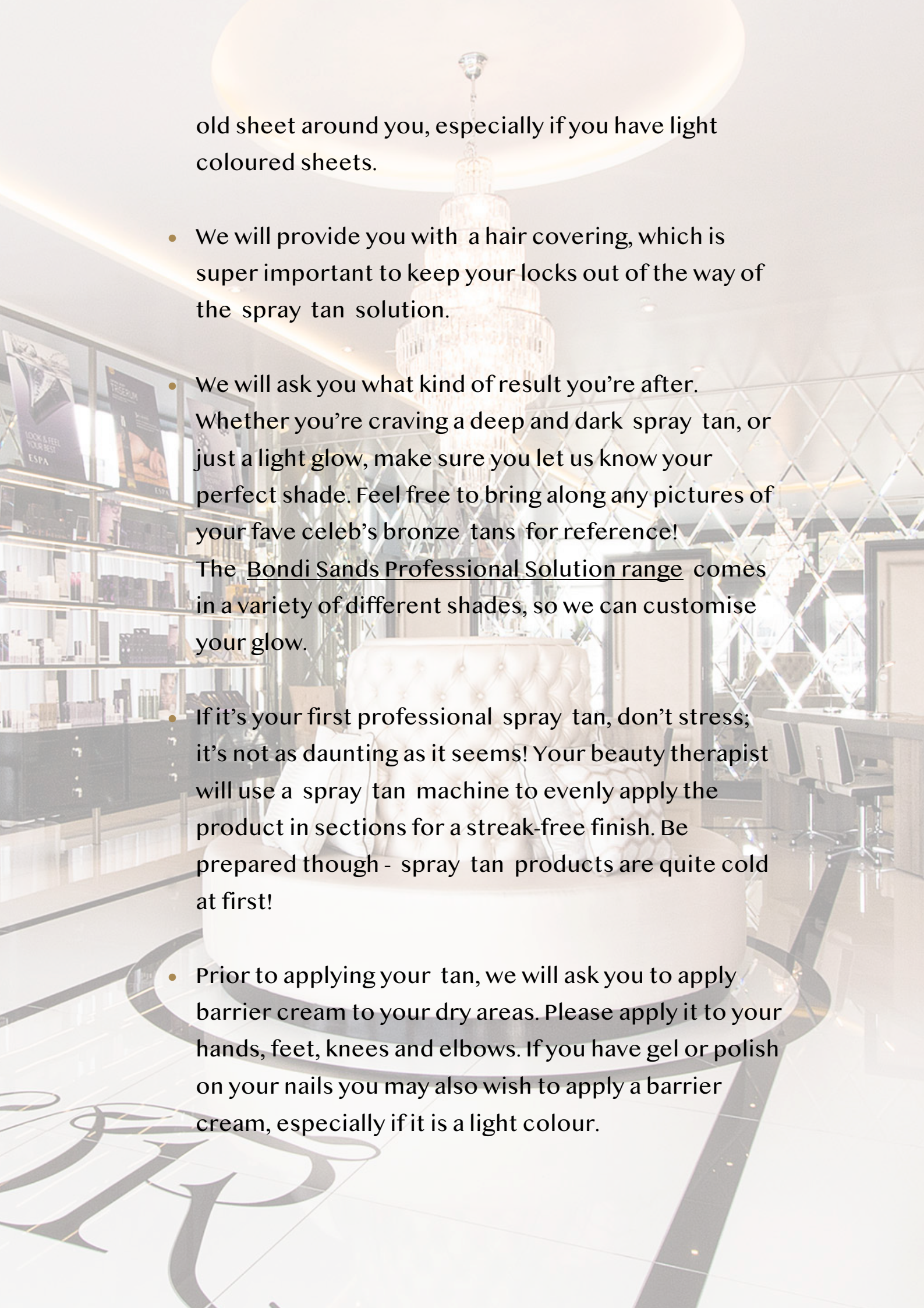
- The day of your tan take a nice hot shower or bath and give your skin a good exfoliate.
- Avoid using moisturising body washes on the day of your tan and opt for a gel based body wash.
- Exfoliating well will help to get rid of any dry skin, leaving behind the perfect blank canvas for an even tan.
- Any hair removal needs to have been done 24-48 hours before your tan.
- In the days/weeks running up to your tan, exfoliate and moisturise regularly with your favourite body lotion, paying a little extra attention to areas like your hands, feet, elbows and knees, as these are the areas that the spray tan solution will cling to.

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- When you have your last shower before your tan, please DO NOT moisturise as we will provide you with a barrier cream to use at your appointment. We cannot guarantee that your own moisturiser won't react with our tan.
  - We will apply your tan evenly as it is sprayed in a mist, but we cannot control how it may cling to dry patches of your skin. If you have not thoroughly exfoliated, regularly moisturised or used sufficient barrier cream on dry areas of your skin, such as knees, elbows and feet, then you will get an uneven tan with dark patches. Please note there is nothing about the application of the tan that can control this. It is purely the dryness of your skin and the preparation that affects this.
  - When you shower before your spray tan appointment, make sure you do it a few hours in advance so your pores have time to seal.
  - Don't wear deodorant or any perfume to your appointment - it could react to the spray tan liquid and leave a mark.
  - Arrive at your appointment with a freshly cleansed face for an even application. Ensure you have thoroughly cleansed your skin with a foaming wash cleanser (not a cream cleanser).

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- If you're fitting a spray tan into your busy schedule, try taking along some makeup wipes to cleanse your face before your session. You will then need to use a damp mitt to wipe the residue of the wipe off before your tan.
  - Some makeup wipes can leave a residue which prevents the tan from adhering to the skin. If you need to remove makeup at the salon, you will need to arrive at least 10 minutes early to do so. We cannot guarantee that you will be able to have your tan if you arrive unprepared.
  - Make sure you don't apply any cream after cleansing as this will prevent the tan from adhering. If you have more oily skin you will need to ensure that the cleanse has been performed as close to the tan appointment as possible.

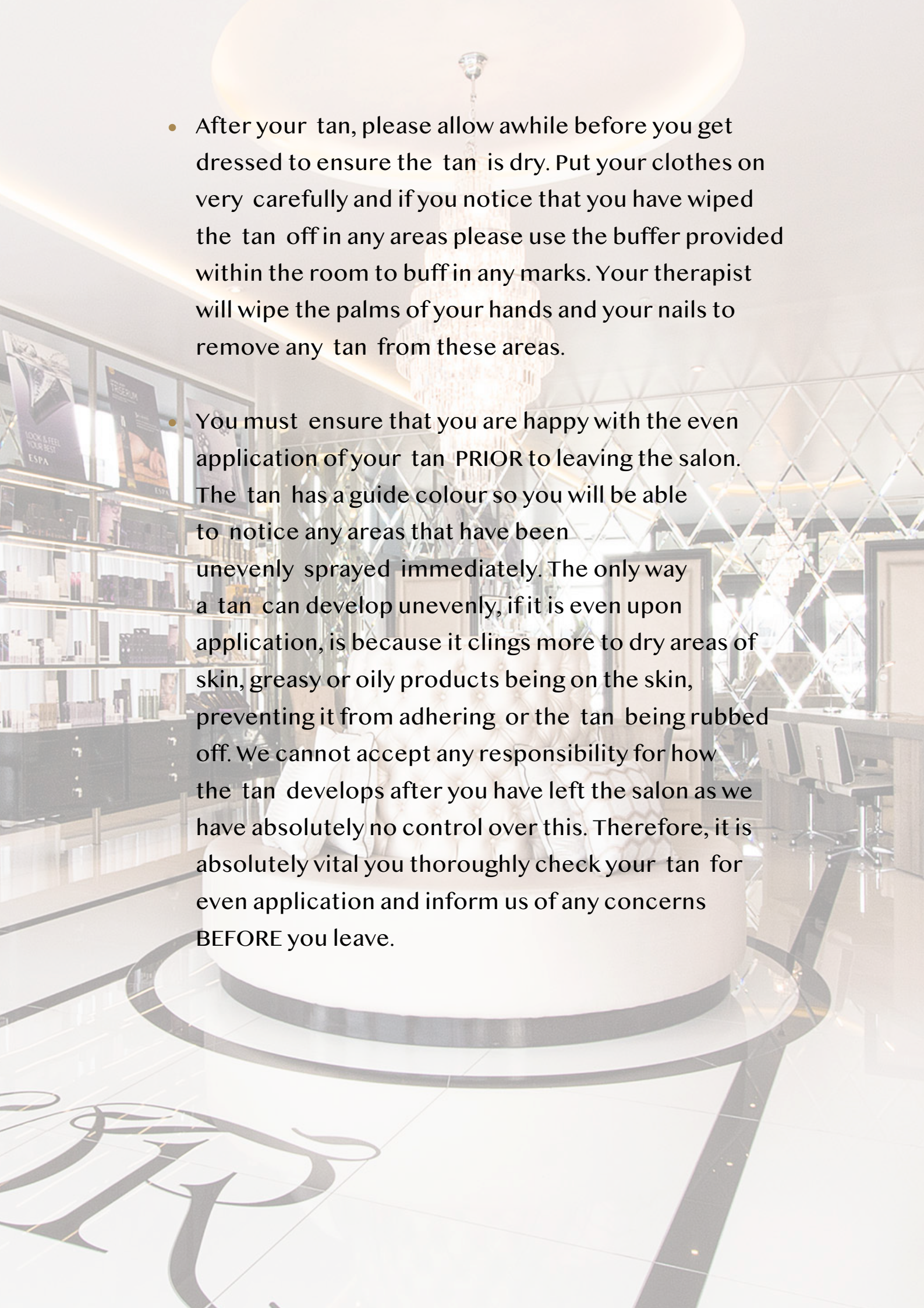
## **On the day: What to expect at your spray tan appointment**

- What you wear for your spray tan really depends on your comfort level. You may want to bare it all for an even coverage, or you may want to cover up a little with a thong - especially if it's your first time. It's all about feeling comfortable! We can provide you with disposable underwear to use.
- All men will be asked to keep their own underwear on or use the disposable pants.
- Please note that spray tan is a dark-coloured liquid being sprayed onto your skin. This means that it will transfer onto the clothes that you are wearing. There is no way to avoid this and no tan that won't do this. Please, therefore, wear loose, dark-coloured clothing for your appointment. Wearing tight clothes will cause the tan to rub off your skin and will cause an uneven tan. The best results will be achieved by changing into a dressing gown or loose nightie when you arrive at home.
- You must bring flip flops or sliders to your appointment and remove them as soon as you arrive at home.
- Tan will also transfer to your bed sheets- this is unavoidable. We recommend you sleep with a dark or



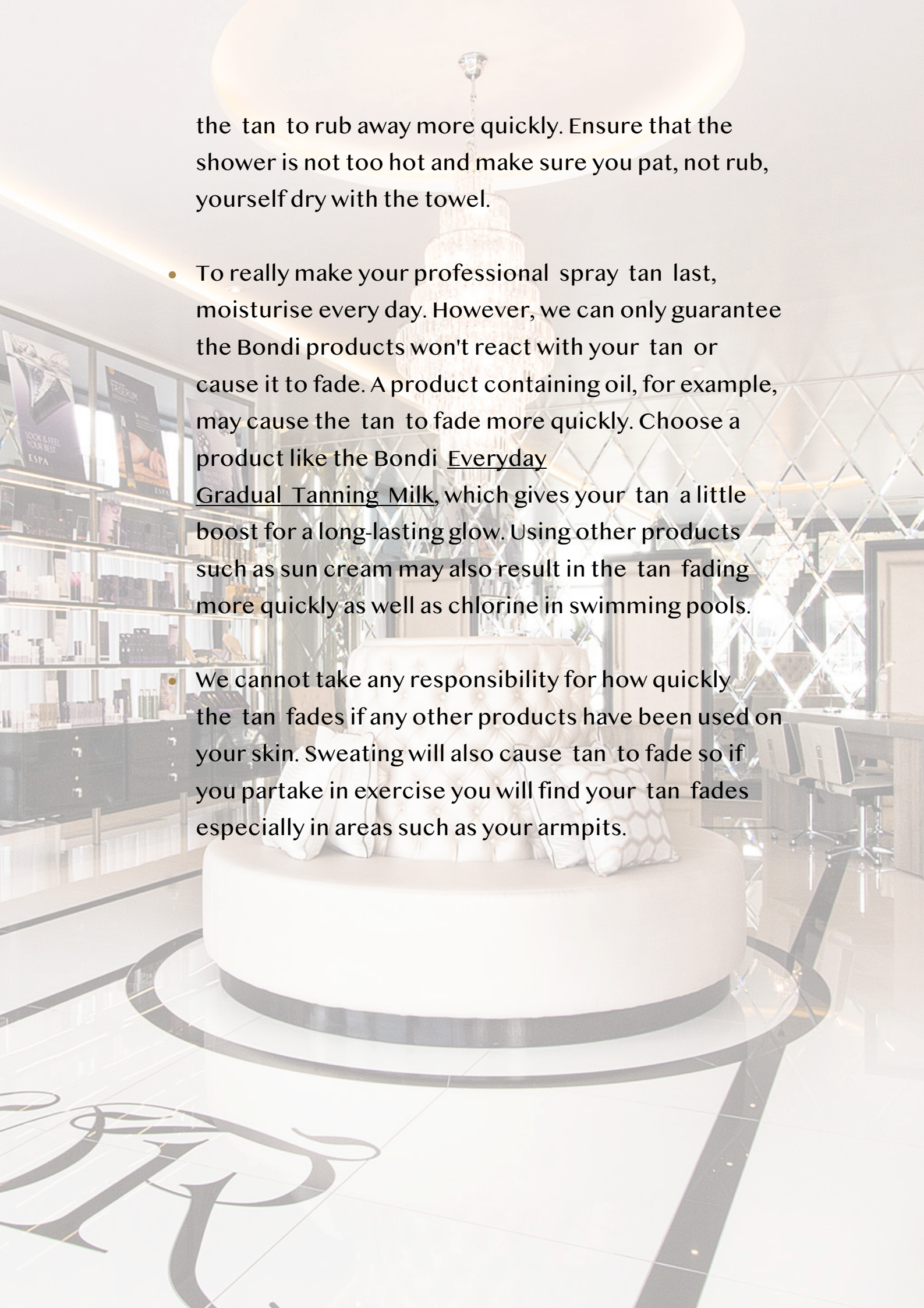
old sheet around you, especially if you have light coloured sheets.

- We will provide you with a hair covering, which is super important to keep your locks out of the way of the spray tan solution.
- We will ask you what kind of result you're after. Whether you're craving a deep and dark spray tan, or just a light glow, make sure you let us know your perfect shade. Feel free to bring along any pictures of your fave celeb's bronze tans for reference! The Bondi Sands Professional Solution range comes in a variety of different shades, so we can customise your glow.
- If it's your first professional spray tan, don't stress; it's not as daunting as it seems! Your beauty therapist will use a spray tan machine to evenly apply the product in sections for a streak-free finish. Be prepared though - spray tan products are quite cold at first!
- Prior to applying your tan, we will ask you to apply barrier cream to your dry areas. Please apply it to your hands, feet, knees and elbows. If you have gel or polish on your nails you may also wish to apply a barrier cream, especially if it is a light colour.

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- After your tan, please allow awhile before you get dressed to ensure the tan is dry. Put your clothes on very carefully and if you notice that you have wiped the tan off in any areas please use the buffer provided within the room to buff in any marks. Your therapist will wipe the palms of your hands and your nails to remove any tan from these areas.
  - You must ensure that you are happy with the even application of your tan PRIOR to leaving the salon. The tan has a guide colour so you will be able to notice any areas that have been unevenly sprayed immediately. The only way a tan can develop unevenly, if it is even upon application, is because it clings more to dry areas of skin, greasy or oily products being on the skin, preventing it from adhering or the tan being rubbed off. We cannot accept any responsibility for how the tan develops after you have left the salon as we have absolutely no control over this. Therefore, it is absolutely vital you thoroughly check your tan for even application and inform us of any concerns BEFORE you leave.

## Aftercare: How to make your spray tan last

- After your spray tan, don't worry if you're looking a little darker than you expected. The spray tan solution and guide colour continue to develop over the next few hours, but after your first shower, these will wash away to reveal a lighter tan. The tan may also look a little patchy whilst it develops. Please do not panic and wash it off, instead simply buff in any areas of concern. The tan may also have a 'greeny' tone if you have opted for a dark or super dark. This colour will wash away, so please do not panic and wash it off. If you do so, we cannot offer any refunds.
- It is vitally important that you do not touch any part of your body whilst the tan is developing. If you do so the tan will transfer onto the palms of your hands and cause them to become very dark.
- As we know that tan clings to dry areas of skin, we recommend you wash your hands after a couple of hours. We also recommend that you wipe over your feet and ankles with a damp flannel at the same time. We find that for best results, you need to leave the rest of your tan on for an absolute minimum of 6 hours and preferably overnight.
- Ensure you shower your tan off (not bath) and DO NOT use any exfoliator or Loofah as this will cause



the tan to rub away more quickly. Ensure that the shower is not too hot and make sure you pat, not rub, yourself dry with the towel.

- To really make your professional spray tan last, moisturise every day. However, we can only guarantee the Bondi products won't react with your tan or cause it to fade. A product containing oil, for example, may cause the tan to fade more quickly. Choose a product like the Bondi Everyday Gradual Tanning Milk, which gives your tan a little boost for a long-lasting glow. Using other products such as sun cream may also result in the tan fading more quickly as well as chlorine in swimming pools.
- We cannot take any responsibility for how quickly the tan fades if any other products have been used on your skin. Sweating will also cause tan to fade so if you partake in exercise you will find your tan fades especially in areas such as your armpits.



## Beautiful bridal spray tans

- If you're thinking about getting a professional spray tan for your wedding or another very important event, a test run before the big day is highly recommended. This involves trying out your spray tan a few weeks before your wedding or event, to make sure your chosen spray tan solution looks exactly how you want it to. You could even time your trial run at the same time as your makeup test and a dress fitting, so you can get an idea of the finished look!

*We do understand that this list of advice is incredibly long and a lot of it may seem obvious. However, it is vitally important that you follow each piece of advice to ensure you get a good result.*

*We can only spray the tan evenly onto your skin, after that the development of the tan is totally out of our control.*