

Outback Organics Post Wax Advice

Thank you for choosing us for your waxing service. To get the best possible results from your treatment, please follow the guidelines below.

Some slight soreness, small bumps and redness are common and perfectly normal temporary reactions, especially if this is your first wax. These symptoms usually subside over the 24-48 hours following your treatment, but please get in touch if you experience any persistent redness or irritation.

You should keep the waxed area clean, and avoid heat and friction during the next 24-48 hours. This means:

- No hot baths or showers (cool to lukewarm is fine)
- No saunas or hot tubs
- No tanning (sunbathing, sunbeds or fake tans)
- No sport, gym or other vigorous exercise
- No swimming in chlorinated pools
- Avoid touching or scratching the treated area
- Wear clean, loose fitting clothes

To cool and calm the skin, apply **Post Wax Spray** to the legs, arms, chest and back twice daily for 5 days. For sensitive areas such as the face, underarms and bikini area, use a small amount of **Bush Balm** 2-3 times a day until all redness and soreness has disappeared. Shower daily using **Tea Tree Skin Wash** and follow with a generous application of **Hand and Body Lotion** to help prevent skin irritation and dryness.

You may notice a small amount of regrowth after a week or so. It can take up to 4 treatments for your hair to get on a cycle that gives the best results. Please do not shave, tweeze or use hair removal creams between appointments as this interrupts the hairs natural growth cycle. To maintain your smooth appearance we recommend regular waxing every 4-6 weeks.

To prevent ingrown hairs

Starting a few days after your appointment, gently exfoliate the skin up to 3 times a week using **Face and Body Scrub**. Moisturise the area every day with **Hand and Body Lotion** to keep the skin supple and to help new hairs grow through easily, treating stubborn problem areas with **Ingrown Hair Serum** where necessary.